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## **Train & Multiply™**

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# **Best News - Study 6**



**Pastoral Leader Training Booklet**

# **2**

## **Train & Multiply™**



**T&M™**

# THE BREAD THAT GIVES ETERNAL LIFE

Jesus went back across Lake Galilee. Jesus looked round and saw that a large crowd was coming to him, so he said to Philip, “Where can we buy enough food to feed all these people?” Philip answered, “For everyone to have just a little, it would take more than eight months’ wages.”

Andrew said, “There is a boy here who has five loaves of barley bread and two fish. But what good are they for all these people?” “Make the people sit down,” Jesus told them. (There was a lot of grass there.) So all the people sat down; there were about five thousand men.

Jesus took the bread, gave thanks to God, and distributed it to the people who were sitting there. He did the same thing with the fish, and they all had as much as they wanted.

Jesus knew that they were about to come and get him, to make him king by force; so he went away to the hills by himself.

## LEARN BY HEART

*“I am the living bread that came down from heaven. If anyone eats this bread he will live for ever.”*

(John 6:51)

## PRACTICAL WORK

- Receive Jesus Christ, the living bread, by faith in your heart.
- Explain to your family the story about the bread of life.

### Study and Practical Work Done

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of the teacher)

We receive the Bread of Life in our hearts through faith. Who is this bread that gives life?

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How long does this life last, that we receive in Christ?

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Through faith in whom, do we receive eternal life through the Spirit of God?

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Do you and your family want to receive the Lord Jesus in your lives?

☐ Yes.

☐ No.



When the people found Jesus, he answered, “You are looking for me because you ate the bread and had all you wanted. Do not work for food that spoils; instead, work for the food that lasts for eternal life.” So they asked him, “What can we do?”

Jesus answered, “This is the work God wants you to do: believe in the one he sent.”

They replied, “What sign of power will you perform so that we may see it and believe you? Our ancestors ate manna in the desert, just as the scripture says, ‘He gave them bread from heaven to eat.’”

“I tell you the truth,” Jesus said, “The bread that God gives is he who comes down from heaven and gives life to the world.” “Sir,” they asked him, “give us this bread always.”

“I am the bread of life,” Jesus told them. “He who comes to me will never be hungry; he who believes in me will never be thirsty...” The Jews started grumbling about him. “This man Jesus is the son of Joseph. How, then, does he now say he came down from heaven?”

Jesus answered, “The bread that I will give him is my flesh, which I give so that the world may live.” This started an angry argument among the Jews. “How can this man give us his flesh to eat?” they asked.

Jesus said to them, “I tell you the truth: if you do not eat the flesh of the Son of Man and drink his blood you will not have life in yourselves. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him to life on the last day. For my flesh is the real food, my blood the real drink. Whoever eats my flesh and drinks my blood lives in me and I live in him. This, then, is the bread that came down from heaven; it is not like the bread that your ancestors ate, but then died. The one who eats this bread will live forever.”

Many of his disciples heard this and said, “This teaching is too hard. Who can listen to this?”

Jesus said to them, “Does this make you want to give up? What gives life is God’s Spirit; man’s power is of no use at all. The words I have spoken to you are Spirit and life.”

Because of this, many of his followers turned back. So Jesus said to the twelve disciples, “And you - would you like to leave also?”

Simon Peter answered him, “Lord, to whom would we go? You have the words that give eternal life. And now we believe and know that you are the Holy One from God.” (John 6)

How many men did Jesus feed with those few loaves and fish?

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After feeding 5,000, many people followed Jesus, but only for what they could get. What did they want from Christ?

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Jesus explained to them that he, himself, was the Bread of Life. By saying this, he did not mean we should fill our stomachs with his flesh. He was referring, in reality, to receiving his Spirit by faith.